Two Piece--Two Person Casting Technique
General Information about the Two Piece-Two Person Casting Technique

- This casting technique provides Orthomerica with the best impression for fabricating cranial remolding orthoses.
- It is best done by two people who understand each step of the process.
  - The assistant stabilizes each splint on the baby’s head as it is applied.
  - The teamwork between the two people is a very active process, and involves more than just applying the plaster and waiting for it to set up.
  - Both people actively work the plaster to obtain a well-molded and laminated impression.
Organize supplies in advance.

- Water
- 8” creamy fast set plaster
- Vaseline
- Two sets of gloves
- Stockinet for the baby’s poncho to protect the skin
- 4” BK sock
- Bandage scissors
- Caliper
- Measuring tape
Position the baby and apply the stockinet.

- Ask the caregiver to undress the baby down to the diaper.
- Bumbo seats are available at Babies R Us and Target stores. This seat provides great stability and access around all sides of the baby.
- Cut open a 10” piece of stockinet and cut a small hole in the middle. Pull the stockinet over the baby’s head like a poncho to provide protection.
- Position the parent nearby for support and reassurance.
- Apply Vaseline to the baby’s eyebrows and ears to facilitate easier removal of the indelible pencil after the casting.
- Use one ply stockinet as an interface against the skin. A 4” BK sock works well.
- Cut a 1” horizontal slit in the BK sock 1/3 of the way down the crease. Cut the crease from the bottom up to the slit.
- Wrap the stockinet around the baby’s head like a bonnet and tie below the chin.
- Check to ensure that the stockinet is smooth, especially in the sub-occipital area and behind the ears.
Apply the open face stockinet.

- Make sure all the hair is covered.
- Ensure coverage over the eyebrows, occiput, and sides of the face.
- Measure the head circumference over the stockinet above the eyebrows and record the measurement.
- With calipers, measure the greatest width of the head and record the measurement. (Eu-Eu or eurion to eurion measurement)
- Measure the length of the head by placing one arm of the caliper between the baby’s eyebrows and the other at the back of the head in midline and perpendicular to the floor. Record the measurement. (Gl-Op or glabella to opisthocranion measurement)
Landmarks

- Mark the eyebrow height and the lateral corner of each eye with an indelible pencil.
- Mark the midline of the nose.
- Outline both ears.
Mark mastoid processes.

- The mastoid process is the bony prominence behind the ear.
- Mark the inferior and medial aspect of each mastoid process.
- Precise identification of this landmark will enable the technicians to correctly determine the height of the sub-occipital modification.
Measure the Plaster

• Measure the 8” plaster from the lateral corner of one eye, around the back, and forward to the lateral corner of the other eye.

• Make a stack of seven plaster splints to the measured length, plus 2 centimeters.
Prepare the Plaster for Stack Two.

- With 8” plaster, measure from the inferior aspect of the eyebrows to the crown of the infant’s head.
- Make a stack of 7 splints to this length plus 2 cm for Stack Two. This stack is usually about half the length of the Stack One.
Prepare the plaster.

- Wet the plaster and lay it on a towel.
- Work the plaster so it is well laminated and smooth.
- Do not allow the plaster to get too dry or it will be difficult to mold against the baby’s head.
- You will lay the smoothest side against the baby’s head.
Apply Stack One.

- Starting at the back crown of the head, “hang” Stack One on the top of the baby’s head and pull the bottom forward to the lateral corner of each eye.
- The assistant should hold the splint in place at the top of the child’s head until Stack One is positioned, laminated, and set up.
- The stack is pulled smoothly forward to ensure good total contact in the sub-occipital area.
- This splint defines the face box and needs to be positioned symmetrically on each side of the face.
- The assistant laminates the plaster along the top and back of the head while the lead practitioner actively works the sub-occipital area, sides of face, and ears.
Smooth Stack One.

- Smooth the plaster and all wrinkles to ensure total contact against the head in all areas.
- Apply Vaseline or other parting agent liberally along the top edge of Stack One where Stack Two will overlap.
Prepare Stack Two.

- Moisten Stack Two and lay it on a towel.
- Smooth the plaster
Apply Stack Two.

- Fold the plaster up at the eyebrows and lay the second stack on the head from the eyebrows to the crown of the head.
- *Stack Two* should overlap the entire top edge of *Stack One*.
Position Stack Two.

- Slide your fingers up to the edge of Stack One to ensure that you have good contact against the skull.
Crimp the top edge of Stack Two.

- Crimp (pinch) the top edge of Stack Two like the edge of a pie crust to strengthen the edge where it meets Stack One.
- Draw the midline of the nose and the corner of each eye on the outside of the cast.
Alignment Marks

- Draw hash marks between *Stack One* and *Stack Two* to provide a guide for aligning the two halves.
Cure the plaster.

- Allow the plaster to cure on the child’s head before removing the cast.
Pictures

- Anterior view:
  Photograph the baby in the cast from the front.

- Posterior view:
  Photograph the baby in the cast from the back.
Remove the cast.

- Pull the skin of the eyebrows down to release the seal between stacks.
- Remove *Stack Two* after it cures and carefully set it to the side.
- Unfasten the tie under the baby’s chin.
- Carefully open the sides of the impression and remove it.
Close *Stack One* and *Stack Two*.

- Remove all stockinet.
- Key in the two sections by aligning the hash marks.
- Carefully staple the cast shut to retain the shape.
- The stapled alignment will be the alignment of the cast when it is poured.
Evaluate your impression.

- All outside landmarks are present.
- All inside landmarks are present.
- The impression is well laminated and has good structural stability. It is not flimsy.
- The two parts of the impression are seamless inside and there are no gaps between Stack One and Stack Two.
- The impression covers the sides of the face from the corner of the eyes the bottom of the ears, the top and back of the head, and extends 3 cm inferior to the mastoid processes.
Check inside the impression.

- Check the inside of the cast to ensure that the midline of the nose, both eyebrows, lateral corner of each eye, mastoid processes and both ears are visible.

- Reinforce any landmarks that are not obvious.
Landmarks

- Eyebrows, midline of the nose and lateral corner of each eye should be marked clearly on the outside of the impression.
Clean up!

- Provide a child/friendly and clean area for the caregiver to wash the baby after the casting.
- Provide a clean towel.
- The baby can get dressed when you are confident that you have a good impression.
Send the impression.

- Allow the cast to cure before shipping.

- Pack it in a strong box with ample packing material inside to protect the impression.

- Use a shipping method that will arrive at Orthomerica within two days and allow you to fit the band within two weeks of the casting date.

- Include completed paperwork.
Orthomerica wishes you and the families you serve the best outcomes possible with STAR Cranial Remolding Orthoses.

Please contact Orthomerica Customer Service if you need additional assistance.